



## Doctor Visit Preparation

Being prepared for your doctor visit also means coming with a list of questions you may have for your provider about your symptoms and care. Make sure to come up with your own questions, but here is a list of helpful ones to get you started:

Will any diagnostic tests be run?  
If yes, which ones?  
When will I find out the results?

If lab work will be done, which lab is used? How can I find out if that lab is covered by my insurance?

Is there anything I should do to prepare for the lab tests?

Will I need to be referred to a specialist for testing and diagnosis?

What if my lab tests don't show anything? Do any get repeated?

How long will it take to get a diagnosis? What are the steps?

Are there any activities I should avoid or modify?

What do you think may be the underlying cause of my symptoms?

How can I manage my pain/symptoms while I wait for a diagnosis?

[If healthcare provider prescribes treatment] Does this treatment plan address any underlying causes or just the symptoms?

Are there any other medications that I should avoid due to my diagnosis or treatment plan?